

U.S. Figure Skating / ISI Basic Skills Conversion Chart

USFSA Basic Skills:	ISI Basic Skills:
Snowplow 1 and 2	Tot 1 – 2
Snowplow 3	Tot 3 – 4
Basic 1	Pre-Alpha (age 7 & older)
Basic 2	Advanced Pre-Alpha
Basic 3	Advanced Pre-Alpha (except two-foot spin)
Basic 4	Alpha/Gamma
Basic 5	Beta (except for one-foot spin)
Basic 6	Delta (except for spiral)
Basic 7	Gamma (except scratch spin & ballet jump)
Basic 8	Delta – Fs 1
Free Skating	
Freeskate 1	Delta-Freestyle 2
Freeskate 2	Freestyle 1 – 3
Freeskate 3	Freestyle 2 – 3
Freeskate 4	Freestyle 4
Freeskate 5	Freestyle 4 – 5
Freeskate 6	Freestyle 5 – 6